

The obstacles which Face the Trainers ( coaches)who work in sport training in the west Bank and same suggestions to solve them.

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## **"ABSTRACT"**

This study aimed at the definition of the obstacles which face the trainers who work in sport training in the west Bank and the suggested solutions for them. Mainly in these areas:

Specialisation (qualification), financial, social, psychological, health, potenbials, players, managers, referees and political conditions.

To do that, these questions have been put;

- 1- What is the degree of the spreading of these obstacles" and the suggested solutions for them " which face the sport trainers in the west Bank.
- 2- Are there differences in the degree of the spreading of the obstacles and the suggested solutions for them refered to the kind of the trained game.
- 3 - Are there differences in the degree of the spreading of the obstacles and the suggested solutions for them refered to specialisation.
- 4- Are there differences in the degree of the spreading of the obstacles and the suggesteolutions for them refered to specialised qualification.
- 5- Are there differences in the degree of the spreading of the obstacles and the suggested solutions for them refered to experience.
- 6- Are there differences in the degree of the spreading of the obstacles and the suggested solutions for them refered to academical qualification.

The researcher used for that a questionnaire which consisted of "194" points, "109" points for obstacles areas and "85" points for suggested solutions.

A group of referees confirmed about the honesty of the questionnaire, and its stability by implementation and re- implementation or ( test and re - test ), the questionnaire's stability was 95% .

The study was implemented on "108" trainers of ( Football , basket ball, volley ball , hand ball , table tennis and body building ) who work in the west Bank.

After doing the statistical treatments ( average, percentage , tests, analysing individual differences, oral test for optic comparison) , the results showed the following:

1. All areas of obstacles, were greatly sharp (acute) , the percentage of total obstacles was (73,06%) and the area of obstacles which relates referees was the sharpest of all ( 79,78%)
2. All the suggested solutions , were suitable very much , the percentage of total suggested solutions for the obstacles related to referees were the most suitable suggested solutions, it was (90,96%).
3. There were no differences of statistical evidence for the degree of the spreading of the total obstacles and the suggested solutions for them referred to the kind of the trained game.
- 4- There were differences of statistical evidence for the degree of the spreading of the total obstacles and the suggested solutions for them referred to specialisation and for the specialists of sport educations.



5 There were no differences of statistical evidence for the degree of the spreading of the total obstacles and the suggested solutions for them referred to specialised qualification.

6. There were no differences of statistical evidence for the degree of the spreading of the total obstacles and the suggested solutions for them referred to experience.

7. There were no differences of statistical evidence for the degree of the spreading of the total obstacles and the suggested solutions for them referred to a cademical qualification.

According to the previous results , the researcher presented many recommendations, the most important were :

- Establishing a sport training center which train and qulify coaches.
- Improving the level of ( referees) by increasing the local circles, and by participating in an advanced circles outside the country.
- Civing financial and ideal support for the sports generally and coaches in particular.
- To raise sports from political disagreements, and to decrease the pressure on sports by the occupation.
- Establishing a specialised center of sports medicine.
- Taking the results of the study in consideration by the responsible parts of sports in the west Bank.
- Establishing play graounds and provide it with needed equipments.